

PSALM 35***Prayer For Help Against Unjust Enemies****(Taken from the New American Bible, St. Joseph Edition)**Imprimatur & Nihil Obstat*

1. Oppose, Lord, those who oppose me; war upon those who make war upon me.
2. Take up the shield and buckler; rise up in my defense.
3. Brandish lance and battle-ax against my pursuers. Say to my heart, "I am your salvation."
4. Let those who seek my life be put to shame and disgrace. Let those who plot evil against me be turned back and confounded.
5. Make them like chaff before the wind, with the angel of the Lord driving them on.
6. Make their way slippery and dark, with the angel of the Lord pursuing them.
7. Without cause they set their snare for me; without cause they dug a pit for me.
8. Let ruin overtake them unawares; let the snare they have set catch them; let them fall into the pit they have dug.
9. Then I will rejoice in the Lord, exult in God's salvation.
10. My very bones shall say, "O Lord, who is like you, Who rescue the afflicted from the powerful, the afflicted and needy from the despoiler?"
11. Malicious witnesses come forward, accuse me of things I do not know.
12. They repay me evil for good and I am all alone.
13. Yet I, when they were ill, put on sackcloth, afflicted myself with fasting, sobbed my prayers upon my bosom,
14. I went about in grief as for my brother, bent in morning as for my mother.
15. Yet when I stumbled they gathered with glee; they gathered against me like strangers.
16. They slandered me without ceasing; without respect they mocked me, gnashed their teeth against me.
17. Lord, how long will you look on? Save me from roaring beasts, my precious life from lions!
18. Then I will thank you in the great assembly; I will praise you before the mighty throng."
19. Do not let lying foes smirk at me, my undeserved enemies wink knowingly.
20. They speak no words of peace, but against the quiet in the land they fashion deceitful speech.
21. They open wide their mouths against me. They say, "Aha! Good! Our eyes relish the sight!"
22. You see this, Lord; do not be silent; Lord, do not withdraw from me.
23. Awake, be vigilant in my defense, in my cause, my God and my Lord.
24. Defend me because you are just, Lord; my God, do not let them gloat over me.
25. Do not let them say in their hearts, "Aha! Just what we wanted!" Do not let them say, "We have devoured that one!"
26. Put to shame and confound all who relish my misfortune. Clothe with shame and disgrace those who lord it over me.
27. But let those who favor my just cause shout for joy and be glad. May they ever say, "Exalted be the Lord who delights in the peace of his loyal servant."
28. Then my tongue shall recount your justice, declare your praise, all the day long.

PSALM 34***Judica, Domine, nocentes me.***

*(David, in the person of Christ, prayeth against his persecutors;
prophetically foreshewing the punishments that shall fall upon them.)*

1. *For David himself. Judge thou, O Lord, them that wrong me: overthrow them that fight against me.*
2. *Take hold of arms and shield: and rise up to help me.*
3. *Bring out the sword, and shut up the way against them that persecute me: say to my soul: I am thy salvation.*
4. *Let them be confounded and ashamed that seek after my soul. Let them be turned back and be confounded that devise evil against me.*
5. *Let them become as dust before the wind: and let the angel of the Lord straiten them.*
6. *Let their way become dark and slippery; and let the angel of the Lord pursue them.*
7. *For without cause they have hidden their net for me unto destruction: without cause they have upbraided my soul.*
8. *Let the snare which he knoweth not come upon him: and let the net which he hath hidden catch him: and into that very snare let them fall.*
9. *But my soul shall rejoice in the Lord; and shall be delighted in his salvation.*
10. *All my bones shall say: Lord, who is like to thee? Who deliverest the poor from the hand of them that are stronger than he; the needy and the poor from them that strip him.*
11. *Unjust witnesses rising up have asked me things I knew not.*
12. *They repaid me evil for good: to the depriving me of my soul.*
13. *But as for me, when they were troublesome to me, I was clothed with haircloth. I humbled my soul with fasting; and my prayer shall be turned into my bosom.*
14. *As a neighbour and as an own brother, so did I please: as one mourning and sorrowful so was I humbled.*
15. *But they rejoiced against me, and came together: scourges were gathered together upon me, and I knew not.*
16. *They were separated, and repented not: they tempted me, they scoffed at me with scorn: they gnashed upon me with their teeth.*
17. *Lord, when wilt thou look upon me? Rescue thou my soul from their malice: my only one from the lions.*
18. *I will give thanks to thee in a great church; I will praise thee in a strong people.*
19. *Let not them that are my enemies wrongfully rejoice over me: who have hated me without cause, and wink with the eyes.*
20. *For they spoke indeed peaceably to me; and speaking in the anger of the earth they devised guile.*
21. *And they opened their mouth wide against me; they said: Well done, well done, our eyes have seen it.*
22. *Thou hast seen, O Lord, be not thou silent: O Lord, depart not from me.*
23. *Arise, and be attentive to my judgment: to my cause, my God, and my Lord.*
24. *Judge me, O Lord my God according to thy justice, and let them not rejoice over me.*
25. *Let them not say in their hearts: It is well, it is well, to our mind: neither let them say: We have swallowed him up.*
26. *Let them blush: and be ashamed together, who rejoice at my evils. Let them be clothed with confusion and shame, who speak great things against me.*
27. *Let them rejoice and be glad, who are well pleased with my justice, and let them say always: The Lord be magnified, who delights in the peace of his servant.*
28. *And my tongue shall meditate thy justice, thy praise all the day long.*